

MASTER OF COUNSELLING PROGRAM IN BRITISH COLUMBIA

General Information about the Program

MASTER OF COUNSELLING DEGREE

Based on the scholar-practitioner model, the City University of Seattle Master of Counselling Degree in B.C. is taught by Canadian faculty who are in practice and scholars in the field. The Program is widely recognized for its excellence in preparing graduates for professional practice and registration. The Master of Counselling program meets the requirements for registration with the British Columbia Association of Clinical Counsellors (BCACC) (RCC designation) and certification (CCC designation) by the Canadian Counselling and Psychotherapy Association (CCPA).

A 2012 survey of graduates showed that 90% of respondents held current professional registrations in B.C. with the BCACC and/or the CCPA, and over 85% reported either full or part time employment in a field related to their CityU degree. CityU graduates are employed in many of British Columbia's major services providing agencies employee assistance programs, and in private practice. Now in its 16th year in BC, many graduates have moved into supervisory positions.

PRE-REQUISITES

Admission to the Master of Counselling degree program requires the completion of a 4 year undergraduate degree from a recognized post-secondary institution. The qualifying degree must include courses in the areas of learning, cognition, personality and human development. CityU makes available courses in all 4 areas to prospective students at a discounted rate. Additionally, in the instance an applicant has no related counselling experience, a minimum of 50 hours of volunteer service is required.

PROGRAM INFORMATION

Students complete coursework for the 72 quarter credits in two to three years in a variety of delivery formats. The Master of Counselling core courses includes: the fundamental skills of counselling; ethics and law; diversity and cultural issues in counselling; human development and sexuality; theories of counselling and psychotherapy; psychopathology and psychopharmacology; brief therapy models; psychology of loss and grief; research methods and statistics; counselling skills with trauma and interpersonal violence. Advanced courses include: couples counselling; counselling with children and adolescents; psychology of aging; and clinical supervision. Learning is enhanced by participation in internships in clinical settings with supporting Practicum courses. The program concludes with culminating research project or thesis.

DELIVERY FORMATS

There are three different ways to take course in the Master of Counselling program:

- ⇒ Two Part-Time learning formats: **In-Class Format** and the **Mixed-Mode Format** (October start)
- ⇒ The **Full-time** format beginning in January (Vancouver location only)

To learn more, call **800.663.7466** to speak with an advisor today, or email at **VancouverBC@CityU.edu**

www.CityUniversity.ca

Mixed-Mode. In Person. Non Profit. 800-663-7466

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IN CANADA

PART TIME (Vancouver, BC only)

Students meet on Saturday at CityU in Downtown Vancouver, BC. Students typically take two courses per quarter part-time on Saturdays from 8:00 am to 5:00 pm. Summer quarters are condensed over four full weekends (Saturday and Sunday from 8:00—5:00) in July only with classes getting back in session in October (or late September if fall holidays prevent sufficient class time scheduling).

Fast Facts

- ⇒ One annual start in the fall (October)
- ⇒ Average class size: 25 students
- ⇒ Readings are assigned for class meetings (anticipate about 2 hours of work away from class for every class hour)

PART TIME MIXED MODE (Vancouver and Victoria, BC)

Residencies take place at the CityU Downtown Vancouver, BC site or at the Langford (Victoria) site. The program course scheduling aligns with the face to face Saturday program.

Fast Facts

- ⇒ One annual start in the fall (October)
- ⇒ Online classes with a quarterly residency (4 days Vancouver, or 2 days Langford). Residencies in Vancouver are Wednesday evening to Saturday for 3 credits, and Wednesday evening through Sunday for 5 credits
- ⇒ The Mixed-Mode format fits best for self-motivated learners and for persons unable to attend Saturday classes
- ⇒ Classes span up to 10 weeks
- ⇒ Average class size: 15-18 students
- ⇒ Leading edge teaching methods are employed, and may consist of lectures, case studies, group and individual projects presentation, demonstrations, experiential practice sessions, videotaping, etc.
- ⇒ “Blackboard” technology is employed for online delivery of the program along with the use of discussion boards.

FULL TIME

The Full Time Master of Counselling program offers courses on weekdays Monday to Friday. Students enrolled in the “Full Time” format attend classes in Downtown Vancouver. In this fast track program, learners typically take four courses per quarter attending classes on weekdays from 10:00 am to 3:30 pm.

Fast Facts

- ⇒ One annual start in winter (January)
- ⇒ Average class size: 15-20 students
- ⇒ Classes meet on weekdays from 10:00am to 3:30pm (with one hour lunch break)
- ⇒ Leading edge teaching methods are employed, and may consist of lectures, discussion or therapeutic scenarios, group and individual project presentation, demonstrations, experiential practice sessions, videotaping, etc.

WHY CITYU IN B.C.?

Established in 1973 and accredited by the Northwest Commission on Colleges and Universities, CityU has a distinguished history of making relevant and applicable graduate education accessible and convenient to the learner. The City University of Seattle, Master of Counselling degree in British Columbia is approved by the Ministry of Advanced Education.

All instructors are practitioners with extensive teaching experience and scholarly achievements. Students find that our instructors convey the lived experience of professional practice supported by the latest thinking and research. Students study in cohorts, supported by experienced advisors and senior faculty. The cohort model creates a strong sense of community, provides mutual support and numerous networking opportunities.

This program is offered under the written consent of the Minister of Advanced Education effective April 11, 2007 having undergone a quality assessment process and been found to meet the criteria established by the minister. Nevertheless, prospective students are responsible for satisfying themselves that the program and the degree will be appropriate to their needs (for example, acceptable to potential employers, professional licensing bodies, or other educational institutions).

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