

# 'TRAUMA' + RESISTANCE

'Hang Time' + Other Innovative Responses to Oppression, Violence and Suffering

**OCTOBER 7+8**

9am - 12pm PST 12pm - 3pm EST

**\$220 CAD**

includes Ticket Tailor & PayPal fees

**REGISTER HERE**

10% proceeds to  
Tiny House Warriors



**This online workshop offers a justice-doing response to 'trauma.' It will address:**

- A decolonizing + justice-doing ethical stance
- Resist individualization, objectivity + neutrality of trauma industry
- Witnessing stance informed by direct action activism
- Understandings of acts of resistance
- Stories from practice



**VIKKI REYNOLDS PHD RCC** is an activist/therapist + a white settler on the unceded territories of the *xʷməθkʷəy̓əm* (Musqueam), *Skwxwú7mesh* (Squamish), and *Səlilwətaʔ/Selilwitulh* (Tseil-Waututh) Nations. Vikki's articles & speaks free at [www.vikkireynolds.ca](http://www.vikkireynolds.ca).

Vikki will share stories of practice and acts of resistance that inspire hope, bringing us to "Hang Time", describing activist-informed ways of responding to suffering in persons who have been oppressed and harmed. This approach centres on witnessing folks' wise and creative acts of resistance. Justice-doing and a decolonising stance for the work is required to resist psychology's neutrality and objectivity that often blames people for their own suffering from oppression. A witnessing approach requires that we situate personal suffering in its sociopolitical context and resist the individualisation and medicalisation of suffering as 'trauma' and other mental illnesses.

## **RIEL DUPUIS-ROSSI**

an Indigenous 'trauma' therapist/trainer, will present their work on the connective power of politicizing 'trauma' specifically alongside other Indigenous people.



## **CHARLENE HELLSON**

an Indigenous therapist/trainer, will be welcoming us to create an intentional community that structures enough-safety, dignity and respect.

